



Virginia Outdoor Women

DWR Virginia Outdoor Women (VOW) Program CURRICULUM TRACKER

FOCAL AREA	TOTAL COURSES	START DATE	END DATE
OUTDOOR SKILLS	4	_____.	_____.

To complete the DWR Virginia Outdoor Women (VOW) Program **Individual Mastery Outdoor Skills Certification**, a participant must complete all the courses listed on this curriculum tracker.

FULL NAME: _____

EMAIL ADDRESS: _____

PHYSICAL ADDRESS (for mailing certificate): _____

STATE: _____ ZIP CODE: _____

COURSES	DESCRIPTION	COURSE DATE	COURSE LOCATION
VOW @ THE OUTDOOR ADVENTURE	VARIABLE COURSE		
VOW @ THE CAMP (I, II, OR III)	INTRO TO CAMPING (I), ADVANCED CAMPING (II), OUTDOOR COOKING (III)		
VOW @ THE TRAIL (I OR II)	WILDLIFE VIEWING (I), HIKING/BACKPACKING (II)		
VOW @ THE BACKCOUNTRY	SURVIVAL, KNOTS, FIRE STARTING, FIRST AID, ETC.		

SUBMISSION INSTRUCTIONS: To receive this certification and corresponding certificate, please SCAN & SAVE a copy of this document as a PDF and email it to VOW@dwr.virginia.gov. Please allow 30 days for processing and/or mailing of certificate.

If you have questions about certifications and/or courses, please email VOW@dwr.virginia.gov. Please allow 72 hours for response.